

# **We Know You Can Keep These New Year's Resolutions**

## **Because they are for your favorite feline friend**

(Dec. 27, 2007) — As you take stock of 2007 and make goals for the New Year, the Cat Adoption Team encourages you to make some resolutions that include our favorite feline and will better the lives of homeless cats in this community.

This year, I resolve to show my love for my cat. I will:

- get my cat spayed or neutered so I won't unintentionally contribute to cat overpopulation and it will keep my cat healthy (14 percent of owned cats are still unaltered!)
- encourage friends, family, co-workers, and acquaintances to have their pets spayed or neutered (13,000 cats are euthanized in Portland yearly – this simple operation can save many lives) and it is so easy with the [spay/neuter coupon](#)
- make sure my pet is wearing a collar with tags at all times or better yet, get a microchip id and register it with my current information (less than 2 percent of lost cats are found)
- pack a [disaster kit](#) for my cat
- schedule my pet's annual veterinary appointment
- play with my cat every day
- remembering to keep my pet fit and trim and refrain from using food as love
- get some new toys for my cat and buy them at the Cat Adoption Team's Boutique where 100 percent of the proceeds help the cats at the shelter
- keep my cat's litter box clean and fresh every day
- if appropriate, [adopt a friend](#) for my cat (30 percent of cat-owning families have two cats)
- make a [donation](#) to the Cat Adoption Team in honor of my cat
- take a photograph of my cat to use in case he gets lost
- give up smoking because second hand smoke puts my pet at high risk of developing life threatening cancer
- [volunteer](#) my time to help the animals at the Cat Adoption Team
- keep my cat indoors 24 / 7 where she will be safe and live a long healthy happy life

With your help in the New Year, the Cat Adoption Team will increase the adoption of homeless cats and reduce unnecessary pet euthanasia in the Portland area.

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*The Cat Adoption Team (CAT) is the Pacific Northwest's largest non-profit, no-kill cat shelter with its own full service veterinary hospital on-site. CAT's mission is to work with the community to save the lives of homeless, sick and injured cats and kittens by offering shelter, adoption, foster, hospice, spay/neuter, and veterinary services to end needless feline euthanasia in our community. CAT, a 501(c)(3) publicly-supported charity, will save over 3,000 lives this year and relies heavily on the support of the public and generous volunteers.*

***CAT is located at 14175 SW Galbreath Drive in Sherwood, just off Tualatin-Sherwood Road. For directions and more information, call (503) 925-8903; on the web at [www.catadoptionteam.org](http://www.catadoptionteam.org).***